

# Introduction to YNSA (Yamamoto New Scalp Acupuncture) -very unique acupuncture for pain, paralysis and more-

Date & Time: March 6, 2017, 17:00-18:00

Venue: Main seminar room, TMGH 1F

Language: English

Speaker : **Hiroshi Brook Koide**, M.D., Ph.D.

1982-1988 Nagasaki University School of Medicine (M.D.)

1988-1992 Graduate School at Kobe University (Ph.D. in biochemistry)

1992-1997 Researcher at McMaster University, University of British Columbia, Canada

1997-2013 Clinical Development Physician, Head of Clinical Pharmacology, Head of R&D at several pharmaceutical companies including Merck and Pfizer

2013-present Researcher at University of Tokyo

2016-present Private practitioner specialized in YNSA



Dr. Koide and Dr. Yamamoto

Western medicine was developed by identifying the mechanism of disease, and various medications were identified with proven mechanism of action. It can provide cure to many diseases. There are, however, many conditions western medicine is not powerful at.

Traditional medicine, such as eastern medicine, are recently receiving attention, and the number of doctors who utilize comprehensive medicine or alternative medicine is increasing. Among them, traditional Chinese/Japanese acupuncture has been used by many acupuncturists or physicians in several countries. There are some evidence on the effectiveness of acupuncture, and WHO released documents on this.

YNSA, Yamamoto new scalp acupuncture, is a very unique acupuncture, which can provide quick cure or relief of symptoms on many diseases such as pain, paralysis, neurological disorders and autoimmune diseases. Unlike traditional acupuncture, the number of acupoints therapist need to memorize is small. People with basic medical knowledge can master this acupuncture relatively easily.

YNSA was established by Dr. Toshikatsu Yamamoto, at Yamamoto Hospital at Nichinan, Miyazaki at about 1970. This has been used mainly for all kinds of pain (neck pain, lumbago, shoulder pain, headache), neuralgia, hemiparesis, paralysis, speech disorder due to brain hemorrhage or brain infarction and Parkinson's disease. Unlike common acupuncture therapy, the effect is immediate. In Japan, due to the prevalence of traditional acupuncture, YNSA is not well known yet.

YNSA has established diagnosis method. After taking medical history, diagnosis by touching arms around elbow, and neck should be performed. Then by touching scalp very carefully, the points for needles will be identified. The number of needles to use is usually 3 to 20, depend on type of symptoms and severity.

If time allows, there will be a demonstration before or after the seminar. If you have symptoms such as pain or neck stiffness, please volunteer.



Prof. Kenji Hirayama, Immunogenetics, NEKKEN (EX. 7819)